



和景華人聯誼會
CHINESE ASSOCIATION OF WOKING

Well Being Activities Project – Tai Chi Fan Classes

As part of our Lottery Funded Well Being Activities Project, we have organised a series of Tai Chi classes for the local community. The final 3 classes will be given by Ms Anita Ho, on Tuesday 10th March, 17th March and 24th March 2015.

作为安康活动系列之一的太极扇课教程将在 2015 年 3 月 10, 17 日和 24 日連續 3 個星期继续举行, 由 Anita Ho 女士教授.

Both members and non-members of the Chinese Association of Woking are welcome. Places available are limited. Please contact our CCP co-ordinators, Candy Fisher or Fanhong Kong (email: ccp@cawoking.org.uk) if you are interested.

欢迎会员与非会员参加。学位有限, 有兴趣参加者请电联和景華人活动中心負責人 Candy Fisher 或 繁紅 ccp@cawoking.org.uk。

Programme 节目时间表:

10:30am	CCP opens	活动开始
11:00am – 12:30pm	Tai Chi class	太极班
12:30pm-2:00pm	Lunch	午餐

Venue 地点: Old Woking Community Centre, Sundridge Road, Woking, GU22 9AT

欢迎大家做点拿手小菜带来共同分享。会员收费 1 鎊, 非会员 2 鎊。沒带食物者多付 2 鎊。

Please bring some food to share with the group. Members pay £1, non-members £2. Those who are unable to bring any food will pay an additional £2 towards the costs of food provided by CCP.

