



和景華人聯誼會 CHINESE ASSOCIATION OF WOKING

Well Being Activities Project – Tai Chi Fan Class on Tues 20 Jan 2015



As part of our Lottery Funded **Well Being Activities Project**, we have organised a series of Tai Chi classes for the local community. The next class will continued to be given by **Ms Anita Ho**, on:

Date: **Tuesday 20 January 2015**

Time: **11:00am -12:30pm**

Venue: Old Woking Community Centre, Sundridge Road, Woking, GU22 9AT

The class is free. Both members and non-members of the Chinese Association of Woking are welcome. Please contact our CCP co-ordinators, Candy Fisher or Fanhong Kong (email: pr@cawoking.org.uk) if you are interested in joining the class.

作为安康活动系列之一的太极课教程将在 **2015 年 1 月 20 日** 继续举行, 由 **Anita Ho 女士** 教授:

时间: 11: 00 am -12: 30 pm

地点: Old Woking Community Centre, Sundridge Road ,Woking GU22 9AT

太极学习课程是免费的, 欢迎会员与非会员参加。

有兴趣参加者请电联和景华人活动中心负责人 Candy Fisher 或 繁紅 pr@cawoking.org.uk。

