



和景華人聯誼會

CHINESE ASSOCIATION OF WOKING

www.cawoking.org.uk

关于 CCP 组织的活动预告

CCP Notice

2019 年 2 月 26 日接下來的週二，CCP 举行瑜伽练习。我们很高兴瑜伽老師:張盼盼会来教大家做些基础瑜伽动作。请带上自己的瑜伽垫或毛巾。欢迎会员和非会员有兴趣的朋友来参加！

26th February 2019 CCP has organised Yoga exercise coming Tuesday. We are glad that Yoga teacher Zhang Panpan will come to teach us some basic Yoga exercises. Please bring your own yoga mat or towel. Welcome members and non-members interested friends are to attend!



收费：会员每人两镑，非会员每人三镑。欢迎大家带拿手小菜来聚餐，凡未带美食者，每人多交三镑。

Costs: Member £2 each Non-Members £3 each. Please bring a main course along to share with the group. Those who does not bring any food along will pay an additional £3 per person.

Programme 节目时间表:

10:30am	CCP opens	活动开始
10:45am - 12:30pm	Yoga exercise	瑜伽练习
12:30pm - 2:00pm	Lunch	午餐

地点/Venue: Old Woking Community Centre, Sundridge Road, Woking GU22 9AT

联络人/Contact : 孔繁紅/Fanhong Kong or Adela Shum
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