



和景華人聯誼會
CHINESE ASSOCIATION OF WOKING

www.cawoking.org.uk

关于 CCP 组织的活动预告
CCP Notice

2018年2月27日星期二：CCP 举行太极活动。太极很容易地适合任何人跟随学习，它有治疗或预防许多健康问题的价值。我们很高兴 Ana Boat Lai 会来教我们。欢迎会员和非会员有兴趣的朋友共同来参加！

27th February 2018 Tuesday: CCP has organised Tai Chi session. Tai chi can be easily adapted for anyone. It has value in treating or preventing many health problems. We are pleased that Ana Boat Lai will come to teach us. Both members and non-members are welcome to join friends to attend!

收费：会员每人两镑，非会员每人三镑，儿童每人一英镑（16岁以下儿童），3岁以下免费。欢迎大家带拿手小菜来聚餐，凡未带美食者，每人多交三镑。

Costs: Member £2 each, Non-Members £3 each, Child £1 (children are under 16 years of age), Under 3 years old is free. Please bring a main course along to share with the group. Those who does not bring any food along will pay an additional £3 per person towards the cost of food provided by CCP.

Programme 节目时间表:

10:30am	CCP opens	活动开始
10:45am - 12:30pm	Tai Chi	太极活动
12:30pm - 2:00pm	Lunch	午餐

地点/Venue: Old Woking Community Centre, Sundridge Road, Woking GU22 9AT

联络人/Contact：孔繁紅/Fanhong Kong or Adela Shum ccp@cawoking.org.uk
or via CCP wechat group