



和景華人聯誼會
CHINESE ASSOCIATION OF WOKING

www.cawoking.org.uk

关于 CCP 组织的活动预告
CCP Notice

2018年3月6日星期二：本周的活动主题是大家都来做黑芝麻湯圓生姜糖水，最适合寒冷的天气喝甜汤。黑芝麻种子的益处有助于健康，帮助消化和更健康的骨骼。欢迎会员和非会员有兴趣的朋友一起来参加！

6th March 2018 Tuesday: We all do Black sesame dumpling with ginger soup together. It is the most suitable for cold weather have sweet soup. The benefits of black sesame seeds contribute to health, better digestion and healthier bones. Both members and non-members are welcome to come together.



收费：会员每人两镑，非会员每人三镑。欢迎大家带拿手小菜来聚餐，凡未带美食者，每人多交三镑。

Costs: Member £2 each Non-Members £3 each. Please bring a main course along to share with the group. Those who does not bring any food along will pay an additional £3 per person towards the cost of food provided by CCP.

Programme 节目时间表:

10:30am	CCP opens	活动开始
10:45am - 12:30pm	make Black sesame dumpling	做黑芝麻湯圓
12:30pm - 2:00pm	Lunch	午餐

地点/Venue: Old Woking Community Centre, Sundridge Road, Woking GU22 9AT

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or via CCP wechat group